

RISK REDUCTION

Overview

The Risk Assessment (RA), developed by Face It TOGETHER (FIT), assesses the risk for recurrence of addiction symptoms or issues that affect a client's wellbeing. RA metrics focus on overall health (stress, hopefulness), external factors (employment, criminal justice activity, healthcare utilization), connectedness (activities, relationships) and addiction status. The RA is administered to the client at enrollment and every 30 days continuing until the client is no longer engaged. The highest possible risk score is 52 and the lowest is zero. Risk status is assigned by score: >35 is considered high risk, 25-35 is medium risk, <25 is low risk.

Methodology

One of FIT's goals is that people will get well and stay well. This quantitative evaluation activity focused on looking closer at clients' reduction in risk for factors associated with addiction wellness while engaged through addiction management coaching. Evaluation cohort included all FIT clients with the disease of addiction that completed both a baseline and at least one follow-up RA from January 1, 2016 to June 30, 2017.

- 840 RAs completed by 366 unique clients overall
- 170 clients and their corresponding baseline and follow-up RAs qualified for the cohort

Results

The average risk score from 1/1/16 – 6/30/17 was 19.1 out of 52 possible points. Most baseline RAs (81%) show the client as being at low risk with their average score at 19.6. After 60 days of peer coaching, 67% (114/170) of the cohort demonstrate a reduction in their risk score. Clients continue to reduce their risk score as they remain engaged with an addiction management coach (Figure 1). After six months, clients reported significant change related to risk factors such as involvement in activities, relationships with loved ones, feelings of hopefulness and reduction in healthcare utilization (to be discussed further in another evaluation brief).

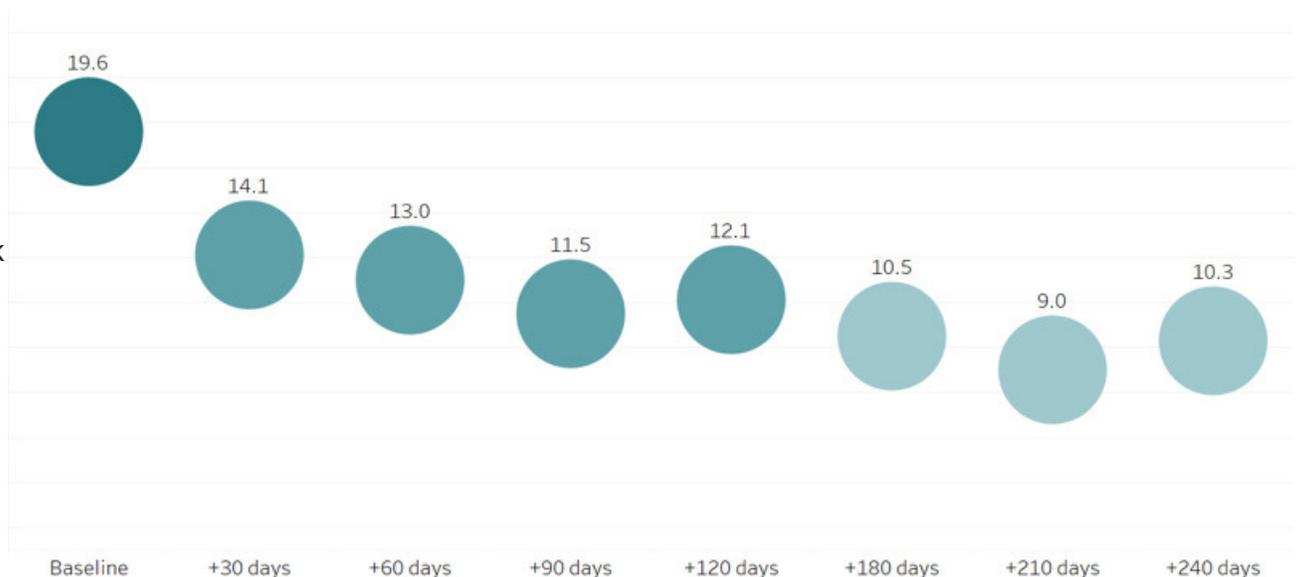


Figure 1:
Average Risk
Score By
Engagement
Length